



Teachers, Administrators, Students

For over 30 years October has been Food Drive Month for the Regina Food Bank. Over these years countless students, teachers and schools have raised food and funds to feed our neighbors. This food has directly feed hope to our clients, 40 percent of which are children. You have been our champions!

With the onset of Covid-19, we can no longer safely run a food drive, yet food insecurity is greater than ever. This month we will need to feed approximately 13,000 people, a 110% increase year-over-year.

Just as schools are pursuing their mission a bit differently, so are we! The Regina Food Banks has launched a million-meal challenge to raise 1 million meals for those in need. We humbly once again ask you to be our champions.

On **Saturday October 10th of Thanksgiving Weekend, 11-3pm at Regina Exhibition Place**, we are holding a socially distanced Drive Through Food-Drive. We have partnered with the Saskatchewan Roughriders. Rider legends and Gainer will pass out prizes at this family friendly event.

Participating families are entered to win a signed team helmet delivered by Gainer himself to your home. All students or their parents need to do is post a picture of their participation on social media and tag the Food Bank. We are accepting non-perishable food items, like canned soup, pasta, and rice.

As we share a meal this Thanksgiving Weekend we think it is a powerful message of gratitude and generosity to share with those tha

Friends, as we work to raise 1 million meals please know:

- 1.2 pounds of food equals one meal.
- \$1 donated secures 3 meals.
- For more information visit www.reginafoodbank.ca
- For schools that are interested, we can drop off donation bins at your school and pick them up at the end of October.
- We can track the total donations made by each school and share the results at the end of the months.

With thanks,

David Froh, Vice President, Community, Regina Food Bank

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