

TRACK and FIELD

Season runs in May with Provincials the first weekend of June

3 divisions of boys and 3 of girls based on age

Intermediate (usually gr 9); Junior (usually gr 10), and Senior (usually gr 11 and 12)

August 31st cut off date so could be different grades

Athletes range from beginner to competitive; no experience necessary

RHSAA organizes 4 Mini meets (select events at each meet)

City Championships are the last week of May

Regina representatives for provincials are determined at City Track Meet

Events: 100, 200, 400, 800, 1500, 3000, 4x100, and 4x400; Long, triple, and high jump; pole vault; discus, javelin, and shot put

Coaches:

Kelly Adams (Kelly.adams@rbe.sk.ca)

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CITY CHAMPIONS

2014 and 2015

