## **Athletic Trainers**

Athletic Trainers are an IMPORTANT part of our Tartan Teams here at Campbell Collegiate.

Trainers are assigned based on experience and training to various teams

## Teacher Supervisor:

Jolene Sentes – jolene.sentes@rbe.sk.ca

Courtney Thomson — Courtney.thomson@rbe.sk.ca

Campbell Tartan Trainers must apply to Ms. Sentes in the Spring, and complete Athletic Trainers Course offered by Regina Highschool Athletic Association & Football Saskatchewan

## Campbell Trainers will:

Attend daily practices & games—making them an integral part of the team

Oversee prevention and care for injuries athletes sustain or reoccur during sport season

Work with Ms. Sentes to maintain team's First Aid & training supplies

Perform duties to ensure the prevention and care of ALL athletes

Campbell Trainers have advanced to training during post secondary for the following programs:

Regina Rams

Regina Prairie Thunder

University of Regina Cougar Athletics

University of Saskatchewan Huskies Athletics

Athletic Training is a great stepping stone to future careers in:

Massage Therapy

Physio & Occupational Therapy

Medicine

Rehabilitation Specialists



