

WRESTLING

Season runs from November to March (Provincial championships in March)

Coach: Derek Sembaluk (derek.sembaluk@rbe.sk.ca)

Wrestling has a variety of weight classes for both boys and girls. There are no Jr or Sr categories; it is divided by weight classes only. No cuts. Everyone welcome from beginners to experts

Both boys and girls teams compete in a variety of competitions as organized by the RHSAA (meets with schools in Regina); teams usually compete in 3 tournaments per year—often one in Edmonton

CITY CHAMPIONS (team)

1981, 82, and 91

PROVINCIAL CHAMPIONS (team)

1985, 91, and 96

